

# **Lunch & Learn**

**Weds May 18, 11am-1pm**  
**St. Andrew United Methodist Church**  
**1528 Church Rd, Toms River, NJ**

**Free & Open to the Public**

**Featuring Presentations by:**



**Topic: Managing  
Breathing Problems  
After an Illness**



**Topic: Heads Up! Seniors  
Brain Injury & Fall Prevention**

**Grab & Go Lunch  
provided by**



**Registration, Coffee, & Visit Vendors Begins 10:30am**  
**Advance Registration Required -- No Walk-ins Permitted**

**Please bring a non-perishable food item to donate  
to St Andrew's Food Pantry.**

**SCAN** Senior Citizens  
Activities Network

*Keeping Seniors Active, Healthy, & Connected Since 1988*

**RSVP by May 16**  
**732.542.1326**  
**SCANNJ.ORG**